

# Self-Defense for Law Enforcement

**Restricted to Law Enforcement only!**

## Course Description:

This course is built around Section 7286.5 of California Government Code under Chapter 17.4 - Law Enforcement Use of Force Policies. This section prohibits any law enforcement agency from using any kind of carotid choke holds, carotid restraints, or any techniques that could result in positional asphyxia. The course instead focuses on control, apprehension, distance management, and other courses of action through the utilization of Jiu Jitsu techniques to aid officer safety.

**Date:** February 3, 2025 (Monday)

**Cost:** \$50

**Time:** 9:00am - 2:00pm

**Registration:**

**Location:** Tao of Jiu Jitsu  
8335 Laurel Canyon Blvd,  
Sun Valley, CA 91352



This course is intended to enhance an officer's preparedness in high-intensity situations.

The techniques taught in this course could be used to properly control a resistant subject or safely create distance against a combative subject.

## Instructor:

Sevada Khashadoorian is a Jiu Jitsu instructor and a professional athlete. He is a black belt and has been training for over 9 years. Notable tournaments he's competed in include: International Brazilian Jiu Jitsu Federation's World Jiu Jitsu Championship, North American Grappling Association, North American Brazilian Jiu Jitsu Federation, and the Los Angeles International Open. He is currently LA HIDTA's assistant training coordinator.



**Course Certificates:** Awarded in person after course completion  
For any questions, contact: [sevadabjj@gmail.com](mailto:sevadabjj@gmail.com)

**This is a physically demanding course**